

Coaching Client Book List

The Top 10 Books of 2014



Inspiring Development

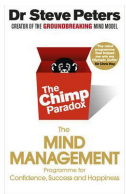
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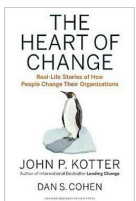
We recently asked our coaches which books they most often recommend to their coaching clients. Set out below are the Top 10 of those recommendations. We have then listed the other books recommended by at least one coach in alphabetical order.



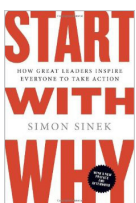
- 1 The First 90 Days: Proven Strategies for Getting up to Speed Faster and Smarter**
 by Michael D Watkins



- 2 The Chimp Paradox: The Acclaimed Mind Management Programme to Help you Achieve Success, Confidence and Happiness**
 by Steve Peters

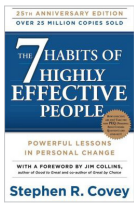


- 3 The Heart of Change: Real-life stories of How People Change Their Organizations**
 by John P Kotter and Dan S Cohen

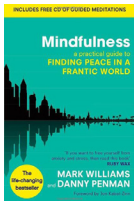


- 4 Start with Why – How Great leaders Inspire Everyone To Take Action**
 by Simon Sinek

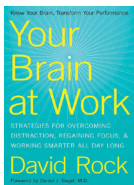




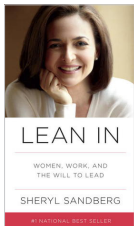
5 **7 Habits of Highly Effective People: Powerful Lessons in Personal Change**
by Stephen R. Covey



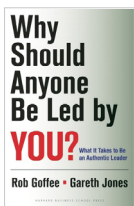
6 **Mindfulness: How to Find Peace in a Frantic World**
by Prof Mark Williams



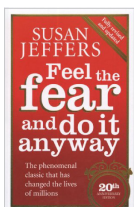
7 **Your Brain at Work**
by David Rock



8 **Lean In: Women, Work and the Will to Lead**
by Sheryl Sandberg



9 **Why Should Anyone Want To Be Led By You: What It Takes to be an Authentic Leader**
by Robert Goffee and Gareth Jones



10 **Feel the Fear and Do It Anyway: How to Turn Your Fear and Indecision Into Confidence and Action**
by Susan Jeffers



Other Recommended Books:

Action Inquiry: The Secret of Timely and Transforming Leadership

by William R. Torbert

The Anatomy of Peace: How to Resolve the Heart of Conflict

by The Arbinger Institute

Clean Approaches for Coaches: How to Create the Conditions for Change Using Clean Language and Systemic Modelling

by Marian Way

Closing the Engagement Gap: How Great Companies Unlock Employee Potential for Superior Results

by Julie Gebrauer and Don Lowman

Coaching for Performance: GROWing Human Potential and Purpose: The Principles and Practice of Coaching and Leadership

by John Whitmore

Coaching Relationships: The Relational Coaching Field Book

by Eric de Haan and Charlotte Sills

Coaching to the Human Soul: Ontological Coaching and Deep Change

by Alan Sieler

Cope with Change at Work

by Sue Stockdale and Clive Steeper

Emotional Capitalists: The Ultimate Guide to Developing Emotional Intelligence for Leaders'

by Martyn Newman

The Empowered Manager: Positive Political Skills at Work

by Peter Block

Executive Coaching with Backbone and Heart: A Systems Approach to Engaging Leaders with Their Challenges

by Mary Beth A. O'Neill

The Examined Life: How We Lose and Find Ourselves

by Stephen Grosz

Fierce Conversations: Achieving success in work and in life, one conversation at a time

by Susan Scott

Force for Change: How Leadership Differs from Management

by John P. Kotter

From Contempt to Curiosity: Creating the Conditions for Groups to Collaborate by Using Clean Language and Systemic Modelling

by Caitlin Walker

Games People Play: The Psychology of Human Relationships

by Eric Berne

Influencer: The New Science of Leading Change

by Joseph Grenny, Kerry Patterson, David Maxfield and Ron McMillan

Crucial Confrontations: Tools for Talking about Broken Promises, Violated Expectations and Bad Behaviour

by Kerry Patterson, Joseph Grenny, Ron McMillan and Al Switzler

Crucial Conversations: Tools for Talking When Stakes are High

by Kerry Patterson, Joseph Grenny, Ron McMillan and Al Switzler

Effective Coaching: Lessons from the Coaches' Coach

by Myles Downey

Influential Leadership: A Leader's Guide to Getting Things Done

by Colin Gautrey

An Introduction to Transactional Analysis: Helping People Change

by Phil Lapworth and Charlotte Sills

Kiss, Bow or Shake Hands: The Bestselling Guide to Doing Business in More Than 60 Countries

by Terri Morrison and Wayne A Conaway





Inspiring Development

Leaders Eat Last: Why Some Teams Pull Together and Others Don't

by Simon Sinek

Leadership and Self Deception: Getting Out of the Box

by The Arbinger Institute

Process Consultation: Lessons for Managers and Consultant

by Edgar H. Schein

Reinventing Influence: How To Get Things Done in a World Without Authority

by Mary Bragg

Reinventing Organisations: A Guide to Creating Organizations Inspired by the Next Stage of Human Consciousness

by Frederic Laloux

The Road Less Travelled: A New Psychology of Love, Traditional Values and Spiritual Growth

by M Scott Peck

The Simple Way

by Simon Tyler

The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping

by Gerard Egan

Systemic Coaching and Constellations: An introduction to the Principles, Practice and Application

by John Whittington

TA Today: A New Introduction to Transactional Analysis

by Ian Stewart and Vann Joines

Thinking Fast and Slow

by Daniel Kahneman

When Professionals Have to Lead: A New Model for High Performance

by Thomas J. DeLong, John J. Gabarro and Robert J. Lees

Winning

by Clive Woodward

Winning: The Ultimate Business How-To Book

by Jack Welch and Suzy Welch

The World's Wife

by Carol Anne Duffy



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